

# BENNINGTON RECREATION CENTER

## \*\*\*\*\* POOL SCHEDULE \*\*\*\*\*

**MONDAY, SEPTEMBER 11 - SATURDAY, NOVEMBER 4, 2017**

<b>Monday:</b> BUILDING OPENS @ 6AM 6:00 - 8:55 Adult Swim 9:00 - 11:00 School Groups 11:00 - 11:30 Therapy / Sr. Citizen Swim 11:30 - 12:55 Adult Swim 1:00 - 2:00 School Groups 2:30 - 3:55 MAU Swim Team 4:00 - 5:00 Swim Lessons 5:05 - 6:15 Marauders Swim Team 6:15 - 7:30 Adult Swim 7:30 - 8:30 AquaFit	<b>Thursday:</b> BUILDING OPENS @ 8AM 8:00 - 8:55 Adult Swim 9:00 - 10:30 School Groups/Day Cares 10:30 - 11:30 Water Exercise 11:30 - 12:00 Therapy / Sr. Citizen Swim 12:00 - 12:55 Adult Swim 1:00 - 2:00 Mommy & Me 2:30 - 3:55 MAU Swim Team 4:00 - 5:00 Swim Lessons 5:05 - 6:15 Adult Swim 6:15 - 7:30 Marauders Swim Team 7:30 - 8:30 Open Swim
<b>Tuesday:</b> BUILDING OPENS @ 8AM 8:00 - 8:55 Adult Swim 9:00 - 10:30 School Groups 10:30 - 11:30 Water Exercise 11:30 - 12:00 Therapy / Sr. Citizen Swim 12:00 - 12:55 Adult Swim 1:00 - 2:00 School Group - VPI 2:30 - 3:55 MAU Swim Team 4:00 - 5:00 Swim Lessons 5:05 - 6:15 Adult Swim 6:15 - 7:30 Marauders Swim Team 7:30 - 8:30 Master Swim	<b>Friday:</b> BUILDING OPENS @ 6AM 6:00 - 8:55 Adult Swim 9:30 - 10:30 Aqua Zumba 11:00 - 11:30 Therapy / Sr. Citizen Swim 11:30 - 12:55 Adult Swim 1:00 - 2:00 School Group - VPI 2:30 - 3:55 MAU Swim Team 4:00 - 5:25 Marauders Swim Team 5:30 - 6:30 Adult Swim 6:30 - 7:30 Family Swim 7:30 - 8:30 Open Swim
<b>Wednesday:</b> BUILDING OPENS @ 6AM 6:00 - 8:55 Adult Swim 9:00 - 10:00 School Groups 10:00 - 11:00 Do Your Own Exercise (No Lanes) 11:00 - 11:30 Therapy / Sr. Citizen Swim 11:30 - 12:55 Adult Swim 1:00 - 2:00 School Groups 2:30 - 3:55 MAU Swim Team 4:00 - 5:00 Swim Lessons 5:05 - 6:15 Family Swim 6:15 - 7:30 Adult Swim 7:30 - 8:30 AquaFit Tabata	<b>Saturday:</b> BUILDING OPENS @ 9AM 9:00 - 10:30 Marauders Swim Team 10:30 - 12:00 Masters Swim 12:00 - 1:00 Pool Party 1:15 - 2:30 Adult Swim 2:45 - 4:00 Open Swim 4:00 - 5:00 Family Swim 5:00 - 6:00 Adult Swim  <b>6:00</b> <i>building closes</i> <b>6:15</b> <i>all patrons must be out of building</i>
	<b>Sunday:</b> <b>CLOSED</b> Sundays will re-open in November

Children under the age of 8 *must be accompanied IN THE WATER by someone 16 years or older.*

ANYONE with hair longer than chin length MUST wear a bathing cap while swimming.

Bathing suits are required. No cut-off shorts or T-shirts allowed.

**\*\*\* NO INFLATABLE FLOATATION DEVICES ALLOWED \*\*\***

**Rec Center's Aqua Joggers / equipment not available during free swim**

**Adult Swim:** 18 years and older. **Open Swim:** Any age, open to the public.

**Family Swim:** PARENTS MUST ACCOMPANY THEIR CHILDREN *IN THE WATER*.

**For all swims listed above:** Members present their card; Non-members pay a daily fee. Adults (18+) \$5 / Kids \$3

**Free Swim:** Free of charge to the public.

\*\* The Town of Bennington and the Bennington Recreation Center are not responsible for lost or stolen items. Check personal items at the front desk, or bring and use your own lock while using the facility.