

# BENNINGTON RECREATION CENTER

## \*\*\*\*\* POOL SCHEDULE \*\*\*\*\*

**MONDAY, NOVEMBER 6, 2017 - SATURDAY, MARCH 31, 2018**

<p><b>Monday:</b> BUILDING OPENS @ 6AM</p> <p>6:00 - 8:55 Adult Swim          9:00 - 11:00 School Groups          11:00 - 11:30 Therapy / Sr. Citizen Swim          11:30 - 12:55 Adult Swim          1:00 - 2:00 School Groups          2:30 - 3:55 MAU Swim Team          4:00 - 5:00 Swim Lessons          5:05 - 6:15 Marauders Swim Team          6:15 - 7:30 Adult Swim          7:30 - 8:30 AquaFit</p>	<p><b>Thursday:</b> BUILDING OPENS @ 8AM</p> <p>8:00 - 8:55 Adult Swim          9:00 - 10:30 School Groups/Day Cares          10:30 - 11:30 Water Exercise          11:30 - 12:00 Therapy / Sr. Citizen Swim          12:00 - 12:55 Adult Swim          1:00 - 2:00 Mommy &amp; Me          2:30 - 3:55 MAU Swim Team          4:00 - 5:00 Swim Lessons          5:05 - 6:15 Adult Swim          6:15 - 7:30 Marauders Swim Team          7:30 - 8:30 Open Swim</p>
<p><b>Tuesday:</b> BUILDING OPENS @ 8AM</p> <p>8:00 - 8:55 Adult Swim          9:00 - 10:30 School Groups          10:30 - 11:30 Water Exercise          11:30 - 12:00 Therapy / Sr. Citizen Swim          12:00 - 12:55 Adult Swim          1:00 - 2:00 School Group - VPI          2:30 - 3:55 MAU Swim Team          4:00 - 5:00 Swim Lessons          5:05 - 6:15 Adult Swim          6:15 - 7:30 Marauders Swim Team          7:30 - 8:30 Master Swim</p>	<p><b>Friday:</b> BUILDING OPENS @ 6AM</p> <p>6:00 - 8:55 Adult Swim          9:30 - 10:30 Aqua Zumba          11:00 - 11:30 Therapy / Sr. Citizen Swim          11:30 - 12:55 Adult Swim          1:00 - 2:00 School Group - VPI          2:30 - 3:55 MAU Swim Team          4:00 - 5:25 Marauders Swim Team          5:30 - 6:30 Adult Swim          6:30 - 7:30 Family Swim          7:30 - 8:30 Open Swim</p>
<p><b>Wednesday:</b> BUILDING OPENS @ 6AM</p> <p>6:00 - 8:55 Adult Swim          9:00 - 10:00 School Groups          10:00 - 11:00 Do Your Own Exercise (No Lanes)          11:00 - 11:30 Therapy / Sr. Citizen Swim          11:30 - 12:55 Adult Swim          1:00 - 2:00 School Groups          2:30 - 3:55 MAU Swim Team          4:00 - 5:00 Swim Lessons          5:05 - 6:15 Family Swim          6:15 - 7:30 Adult Swim          7:30 - 8:30 TabAqua</p>	<p><b>Saturday:</b> BUILDING OPENS @ 9AM</p> <p>9:00 - 10:30 Marauders Swim Team          10:30 - 11:50 Masters Swim          12:00 - 1:00 Pool Party          1:15 - 2:30 Adult Swim          2:45 - 4:00 Open Swim          4:00 - 5:00 Family Swim          5:00 - 6:00 Adult Swim</p> <p>6:00 <i>building closes</i>          6:15 <i>all patrons must be out of building</i></p>
<p><b>SCHEDULE SUBJECT TO CHANGE          DUE TO EVENTS, WEATHER, ETC.</b></p> <p>For more information, call the Rec Center @  <b>(802) 442-1053</b>          or visit <a href="http://www.benningtonvt.org">www.benningtonvt.org</a></p>	<p><b>Sunday:</b></p> <p>1:00 - 2:15 Open Swim          2:15 - 3:30 Family Swim          3:30 - 4:45 Adult Swim          5:00 <i>all patrons must be out of building</i></p>

Children under the age of 8 *must be accompanied IN THE WATER by someone 16 years or older.*  
 ANYONE with hair longer than chin length MUST wear a bathing cap while swimming.

Bathing suits are required. No cut-off shorts or cotton shirts allowed.

\*\*\*\*\***SHOWERING IS MANDATORY BEFORE ENTERING THE POOL**\*\*\*\*\*

**\*\* NO INFLATABLE FLOATATION DEVICES ALLOWED \*\***

Adult Swim: 18 years and older. Open Swim: Any age, open to the public.

Family Swim: PARENTS MUST ACCOMPANY THEIR CHILDREN (of ANY age) IN THE WATER.

For all swims listed above: Members present their card; Non-members pay a daily fee. Adults (18+) \$5 / Kids \$3

\*\* The Town of Bennington and the Bennington Recreation Center are not responsible for lost or stolen items. Check personal items at the front desk, or bring and use your own lock while using the facility.