

# Bennington Recreation Center

## \*\*\*\*\* POOL SCHEDULE \*\*\*\*\*

September 10 - November 3, 2018

<p><b>Monday:</b> BUILDING OPENS @ 6AM</p> <p>6:00 - 8:55 Adult Swim            9:00 - 11:00 School Groups            11:00 - 11:30 Therapy / Sr. Citizen Swim            11:30 - 12:55 Adult Swim            1:00 - 2:00 School Groups            4:00 - 5:00 Swim Lessons            5:05 - 6:15 Marauders Swim Team            6:15 - 7:30 Adult Swim            7:30 - 8:30 AquaFit</p>	<p><b>Thursday:</b> BUILDING OPENS @ 8AM</p> <p>8:00 - 8:55 Adult Swim            9:00 - 10:30 School Groups/Day Cares            10:30 - 11:30 Water Exercise            11:30 - 12:00 Therapy / Sr. Citizen Swim            12:00 - 12:55 Adult Swim            1:00 - 2:00 Mommy &amp; Me            2:15 - 3:55 Lap Swim            4:00 - 5:00 Swim Lessons            5:05 - 6:15 Adult Swim            6:15 - 7:30 Marauders Swim Team            7:30 - 8:30 Family Swim</p>
<p><b>Tuesday:</b> BUILDING OPENS @ 8AM</p> <p>8:00 - 8:55 Adult Swim            9:00 - 10:30 School Groups            10:30 - 11:30 Water Exercise            11:30 - 12:00 Therapy / Sr. Citizen Swim            12:00 - 12:55 Adult Swim            1:00 - 2:00 School Group            2:15 - 3:55 Lap Swim            4:00 - 5:00 Swim Lessons            5:05 - 6:15 Adult Swim            6:15 - 7:30 Marauders Swim Team            7:30 - 8:30 Master Swim</p>	<p><b>Friday:</b> BUILDING OPENS @ 6AM</p> <p>6:00 - 8:55 Adult Swim            9:30 - 10:30 AquaFit            10:30 - 11:00 School Group            11:00 - 11:30 Therapy / Sr. Citizen Swim            11:30 - 12:55 Adult Swim            1:00 - 2:00 School Group            4:00 - 5:30 Marauders Swim Team            5:30 - 6:30 Adult Swim            6:30 - 7:30 Family Swim            7:30 - 8:30 Open Swim</p>
<p><b>Wednesday:</b> BUILDING OPENS @ 6AM</p> <p>6:00 - 8:55 Adult Swim            9:00 - 10:00 School Groups            10:00 - 11:00 Do Your Own Exercise (No Lanes)            11:00 - 11:30 Therapy / Sr. Citizen Swim            11:30 - 12:55 Adult Swim            1:00 - 2:00 School Groups            4:00 - 5:00 Swim Lessons            5:05 - 6:15 Family Swim            6:15 - 7:30 Adult Swim            7:30 - 8:30 TabAqua</p>	<p><b>Saturday:</b> BUILDING OPENS @ 9AM</p> <p>9:00 - 10:30 Marauders Swim Team            10:30 - 11:50 Masters Swim            12:00 - 1:00 Pool Party            1:15 - 2:30 Adult Swim            2:45 - 4:00 Free Swim            4:00 - 5:00 Family Swim            5:00 - 6:00 Adult Swim</p> <p><b>6:00</b> <i>building closes</i>  <b>6:15</b> <i>all patrons must be out of building</i></p>
	<p><b>Sunday:</b>            CLOSED      Sundays will re-open in November</p>

Children under the age of 10 *must be accompanied IN THE WATER by someone 18 years or older.*  
 ANYONE with hair longer than chin length *when wet* MUST wear a bathing cap while swimming.

**Bathing suits ARE REQUIRED      \*\*\* NO INFLATABLE FLOATATION DEVICES ALLOWED \*\*\***

Rec Center's equipment (other than AquaJogger belts) not available during free swim.

**Adult Swim:** Lap Swim for 18 years and older.      **Lap Swim:** 12 years and older.

**Open Swim:** Any age, open to the public. Daily Fee for non-members.

**Family Swim:** PARENTS MUST ACCOMPANY THEIR CHILDREN *IN THE WATER*.

*For all swims listed above: Members present their card; Non-members pay a daily fee. Adults (18+) \$5 / Kids \$3*

**Free Swim:** Free of charge to the public.

\*\* The Town of Bennington and the Bennington Recreation Center are not responsible for lost or stolen items. Check personal items at the front desk, or bring and use your own lock while using the facility.