




**Bennington Recreation Center
February Break Pool Schedule
February 18th - 24th 2019
Phone Number: 802-442-1053**



<p>Monday: 18-Feb Closed For</p> 	<p>Thursday: 21-Feb 8:00 - 8:55 Lap Swim/Adult Exercise-6 lanes 9:00 - 10:30 LGT-4 lanes/Lap Swim-2 lanes 10:30 - 11:30 Water Exercise-6 lanes 11:30 - 12:00 Therapy/ Sr. Citizen Swim-6 lanes 12:00 - 12:55 Lap Swim/Adult Exercise-6 lanes 1:00 - 2:30 LGT-4 lanes/Lap Swim-2 lanes 2:30 - 3:45 Family-4 lanes/Lap Swim-2 lanes 4:00 - 5:00 Lap Swim/Adult Exercise-6 lanes 5:05 - 6:30 Marauders Swim Team-6 lanes 6:35 - 7:30 Lap Swim/Adult Exercise-6 lanes 7:30 - 8:30 Open-4 lanes/Lap Swim-2 lanes</p>
<p>Tuesday: 19-Feb 8:00 - 8:55 Lap Swim/Adult Exercise-6 lanes 9:00 - 10:30 LGT-4 lanes/Lap Swim-2 lanes 10:30 - 11:30 Water Exercise-6 lanes 11:30 - 12:00 Therapy/ Sr. Citizen-6 lanes 12:00 - 12:55 Lap Swim/Adult Exercise-6 lanes 1:00 - 2:30 LGT-4 lanes/Lap Swim-2 lanes 2:30 - 3:45 Family-4 lanes/Lap Swim-2 lanes 4:00 - 5:00 Open-4 lanes/Lap Swim-2 lanes 5:05 - 6:30 Marauders Swim Team-6 lanes 6:35 - 7:30 Lap Swim/Adult Exercise-6 lanes 7:30 - 8:30 Master Swim-6 lanes</p>	<p>Friday: 22 -Feb 6:00 - 8:55 Lap Swim/Adult Exercise-6 lanes 9:30 - 10:30 Aqua Fit-6 lanes 11:00 - 11:30 Therapy/Sr. Citizen Swim-6 lanes 11:30 - 12:55 Lap Swim/Adult Exercise-6 lanes 1:15 - 2:30 LGT-4 lanes/Lap Swim-2 lanes 2:30 - 3:45 Open-4 lanes/Lap Swim-2 lanes 4:00 - 5:30 Marauders Swim Team-6 lanes 5:35 -6:30 Lap Swim/Adult Exercise-6 lanes 6:35 - 7:30 Family-4 lanes/Lap Swim-2 lanes 7:30 - 8:30 Open-4 lanes/Lap Swim-2 lanes</p>
<p>Wednesday: 20-Feb 6:00 - 8:55 Lap Swim/Adult Exercise-6 lanes 9:00 - 11:00 LGT-4 lanes/Lap Swim-2 lanes 11:00 - 11:30 Therapy/Sr. Citizen Swim-6 lanes 11:30 - 12:55 Lap Swim/Adult Exercise-6 lanes 1:00 - 2:30 Free Swim- 6 lanes 2:30 - 3:45 Family-4 lanes/Lap Swim-2 lanes 4:00 - 5:00 Lap Swim/Adult Exercise-6 lanes 5:05 -6:30 Marauders Swim Team-6 lanes 6:35 - 7:30 Lap Swim/Adult Exercise-6 lanes 7:30 - 8:30 Open-4 lanes/Lap Swim-2 lanes</p>	<p>Saturday: 23-Feb 9:00 - 10:30 Marauders Swim Team-6 lanes 10:35 -11:50 Masters Swim-6 lanes 12:00 - 1:00 Pool Rental-6 lanes 1:15 - 2:30 Lap Swim/Adult Exercise-6 lanes 2:45 - 4:00 Free Swim-6 lanes 4:00 - 5:00 Family-4 lanes/Lap Swim-2 lanes 5:00 - 6:00 Lap Swim/Adult Exercise-6 lanes</p> <p align="center">*All patrons must be out of building by 6:15*</p>
<p>Therapy/Sr. Citizen: 55 years and older or present doctors note to use pool for therapy. Lap Swim/Adult Exercise: Four Lap swim lanes available for 14 years and older, 2 slow lanes designated for adult (18+) for exercises. Open Swim: Any age, open to the public Family Swim: Parents/Guardians must be in the water with kids. Members present card. Non-members pay daily fee: Adults (18+) \$5 / Seniors (55+) \$2/ Kids \$3 Free Swim: Free of charge open to the public</p>	<p>Sunday: 24-Feb 1:00 - 2:15 Lap Swim/Adult Exercise-6 lanes 2:15 - 3:25 Free Swim-6 lanes 3:30 - 4:45 Family-4 lanes/Lap Swim-2 Lanes</p> <p align="center">*All patrons must be out of building by 5:15*</p> <p align="center">**Bathing caps are always required if hair is longer than chin length**</p>

Children 10 and under **must be accompanied in the water** by someone 18 years of age or older

*** NO INFLATABLE FLOATATION DEVICES ALLOWED DURING ANY SWIM***

Rec Center Equipment is not available during Free or Open Swims

****The town of Bennington and the YMCA is not responsible for lost or stolen items****

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