



Bennington Recreation Center  
 655 Gage Street Bennington, VT 05201  
 (802) 442-1053



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

**DECEMBER 29<sup>TH</sup> - JANUARY 25<sup>TH</sup> 2020 MORNING POOL SCHEDULE: (6AM-1PM)**

| Sunday | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|--------|--|---|---|---|--|---|
| 29)    | 30) Lap Swim<br>6-8:55a<br><b>Family Swim</b><br>9-11a<br>Sr./Therapy<br>11-11:30a<br>Lap Swim<br>11:30-12:55p | 31) Lap Swim<br>8-8:55a<br><b>Family Swim</b><br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p<br><b>FACILITY CLOSES</b><br><b>@12pm</b> | 1) Closed   | 2) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p<br>Lap Swim<br>12-12:55   | 3) Lap Swim<br>6-8:55a<br>Family Swim<br>9:00-9:30a<br>Aqua fit<br>9:30-10:30a<br>Sr./Therapy<br>11:00-11:30a<br>Lap Swim<br>11:30-12:55p  | 4) Marauders<br>9-10:30a<br>Masters<br>10:30-11:50a<br>Pool Party<br>12:00-1:00p  |
| 5)     | 6) Lap Swim<br>6-8:55a<br>School Groups<br>9-11a<br>Sr./Therapy<br>11-11:30a<br>Lap Swim<br>11:30-12:55p       | 7) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p<br>Lap Swim<br>12-12:55p                        | 8) Lap Swim<br>6-8:55a<br>School Groups<br>9-10a<br>DYO Exercise<br>10-11a<br>Sr./Therapy<br>11-11:30a<br>Lap Swim<br>11:30-12:55p  | 9) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p<br>Lap Swim<br>12-12:55p  | 10) Lap Swim<br>6-8:55a<br>Family Swim<br>9:00-9:30a<br>Aqua fit<br>9:30-10:30a<br>Sr./Therapy<br>11:00-11:30a<br>Lap Swim<br>11:30-12:55p | 11) Marauders<br>9-10:30a<br>Masters<br>10:30-11:50a<br>Pool Party<br>12:00-1:00p |
| 12)    | 13) Lap Swim<br>6-8:55a<br>School Groups<br>9-11a<br>Sr./Therapy<br>11-11:30a<br>Lap Swim<br>11:30-12:55p      | 14) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p<br>Lap Swim<br>12-12:55p                       | 15) Lap Swim<br>6-8:55a<br>School Groups<br>9-10a<br>DYO Exercise<br>10-11a<br>Sr./Therapy<br>11-11:30a<br>Lap Swim<br>11:30-12:55p | 16) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p<br>Lap Swim<br>12-12:55p | 17) Lap Swim<br>6-8:55a<br>Family Swim<br>9:00-9:30a<br>Aqua fit<br>9:30-10:30a<br>Sr./Therapy<br>11:00-11:30a<br>Lap Swim<br>11:30-12:55p | 18) Marauders<br>9-10:30a<br>Masters<br>10:30-11:50a<br>Pool Party<br>12:00-1:00p |
| 19)    | 20) <b>Closed</b>  | 21) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30<br>Water Exercise<br>10:30-11:30<br>Sr./Therapy<br>11:30-12:00  | 22) Lap Swim<br>6-8:55a<br>School Groups<br>9-10a<br>DYO Exercise<br>10-11a<br>Sr./Therapy  | 23) Lap Swim<br>8-8:55a<br>School Groups<br>9-10:30a<br>Water Exercise<br>10:30-11:30a<br>Sr./Therapy<br>11:30-12p                          | 24) Lap Swim<br>6-8:55a<br>Family Swim<br>9:00-9:30a<br>Aqua Fit<br>9:30-10:30a<br>Sr./Therapy<br>11:00-11:30a<br>Lap Swim<br>11:30-12:55p | 25) Marauders<br>9-10:30a<br>Masters<br>10:30-11:50a<br>Pool Party<br>12:00-1:00p |

Aquatics and Membership Director: Morgan Flynn, [mflynn@bfymca.org](mailto:mflynn@bfymca.org) (802) 442-1054