

# WHAT'S YOUR STORY? WALKS



**ALL WALKS BEGIN AT Bennington Free Library, 101 Silver Street**

“What’s Your Story?” Walks are named for the nationwide summer reading theme “A Universe of Stories.” The theme celebrates the 50th anniversary of the Apollo 11 Moon Landing.

**Walks & snacks are FREE! All ages & abilities welcome! Begin or enhance healthy habits!**

**Friday, July 5:** Walk leaves Library at 5:00 PM. Join “First Friday” downtown celebrations! Tour downtown and sample the festivities with stops at The Bennington Bookshop & a treat from Bringing You Vermont.

**Saturday, July 27:** Tentative schedule: Walk leaves the Library at 10 AM. Join us for a Saturday morning stroll to the Farmers’ Market and savor the flavors of summer!

**Friday, August 9:** Meet in the Library’s Rotary Room at 10 AM. Brooke Warren-Foley, Dietitian at Centers for Living & Rehabilitation will lead a stroller-friendly walk including healthy snacks on-the-go for families.

**Thursday, August 22:** Evening walk, details TBA



**For updates: Library’s Facebook page or [benningtonfreelibrary.org](http://benningtonfreelibrary.org)**

**“What’s Your Story?” Walks are funded by a RiseVT Amplify Grant.**