



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Bennington Recreation Center | October 2020 Schedule

Facility Hours:

Monday, Wednesday, Friday 6am – 8pm
Tuesday, Thursday 8am – 8pm
Saturday 9am – 2pm

Monday -

Lap Swim lane reservations 6 am - 10 am
H2O Go! Water Aerobics* 10 am - 11 am
Lap Swim lane reservations 11 am - 5 pm
Swim lessons/Family swim** 5 pm – 6 pm
Marauders 6 pm - 8 pm

Tuesday -

Lap Swim lane reservations 8 am - 1 pm
Family Swim lane reservations 1 pm - 2 pm
Lap Swim lane reservations 2 pm - 5 pm
Marauders 5 pm - 7 pm
Masters 7 pm - 8 pm

Wednesday -

Lap Swim lane reservations 6 am - 10 am
H2O Go! Water Aerobics* 10 am - 11 am
Lap Swim lane reservations 11 am - 5 pm
Swim lessons/Family swim** 5 pm – 5:45 pm
AquaFit* 5:45 pm – 6:45 pm
Family/Lap lane reservations 6:45 pm – 8 pm

Thursday -

Lap Swim lane reservations 8 am - 1 pm
Family Swim lane reservations 1 pm - 2 pm
Lap Swim lane reservations 2 pm - 5 pm
Marauders 5 pm - 7 pm
Masters 7 pm - 8 pm

Friday -

Lap Swim lane reservations 6 am - 10 am
AquaFit* 10 am - 11 am
Lap Swim lane reservations 11 am - 5 pm
Marauders 5 pm - 7 pm
Family/Youth Swim (call to inquire) 7 pm - 8 pm

Saturday -

Marauders 9 am - 11 am
Swim lessons/Family swim** 11 am - 12 pm
Lap Swim lane reservations 12 pm - 2 pm

Lap lane reservations for Lap Swim & Family Swim time may be made by calling the Rec Center at (802) 442-1053 during normal business hours.
Reservations open Friday for the coming week.

*H2O Go! Water Aerobics class taught by Jane DiSanto. AquaFit class taught by Andrea Malinowski. These classes require pre-registration. Register online or contact the Rec Center for more info.

**Swim lessons end October 10. Remainder of October the Swim Lesson time slots are open for family swim lap reservations.

Please note: For more information about re-opening safety procedures, changes to our operations, and updates please visit our website: www.bfymca.org or facebook page "Bennington Rec Center." Schedule is subject to change.

BERKSHIRE FAMILY YMCA: www.bfymca.org

Bennington Recreation Center: 655 Gage Street Bennington, VT 05201 **P:** 802-442-1053