



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Bennington Recreation Center | September 2020 Schedule

Facility Hours:

Monday, Wednesday, Friday 6am – 8pm
Tuesday, Thursday 8am – 8pm
Saturday 9am – 2pm

Monday -

Lap Swim lane reservations 6 am - 10 am
H2O Go! Water Aerobics* 10 am - 11 am
Lap Swim lane reservations 11 am - 5 pm
Swim lessons 5 pm - 6 pm
Marauders 6 pm - 8 pm

Tuesday -

Lap Swim lane reservations 8 am - 1 pm
Family Swim lane reservations 1 pm - 2 pm
Lap Swim lane reservations 2 pm - 5 pm
Marauders 5 pm - 7 pm
Lap Swim lane reservations 7 pm - 8 pm

Wednesday -

Lap Swim lane reservations 6 am - 10 am
H2O Go! Water Aerobics* 10 am - 11 am
Lap Swim lane reservations 11 am - 5 pm
Swim lessons 5 pm - 6 pm
Lap & Family Swim reservations 6pm-8 pm

Thursday -

Lap Swim lane reservations 8 am - 1 pm
Family Swim lane reservations 1 pm - 2 pm
Lap Swim lane reservations 2 pm - 5 pm
Marauders 5 pm - 7 pm
Lap Swim lane reservations 7 pm - 8 pm

Friday -

Lap Swim lane reservations 6 am - 10 am
AquaFit* 10 am - 11 am
Lap Swim lane reservations 11 am - 5 pm
Marauders 5 pm - 7 pm
Kids Night Out 7 pm - 8 pm

Saturday -

Marauders 9 am - 11 am
Swim lessons 11 am - 12 pm
Lap Swim lane reservations 12 pm - 2 pm

Lap lane reservations for Lap Swim & Family Swim time may be made by calling the Rec Center at (802) 442-1053 during normal business hours.
Reservations open Friday for the coming week.

*H2O Go! Water Aerobics class taught by Jane DiSanto. AquaFit class taught by Andrea Malinowski.
These classes require pre-registration. Register online or contact the Rec Center for more info.

Please note: For more information about re-opening safety procedures, changes to our operations, and updates please visit our website: www.bfymca.org or facebook page "Bennington Rec Center." Cross-state travel restrictions are updated each Friday from accd.vermont.gov guidance. Schedule is subject to change.

BERKSHIRE FAMILY YMCA: www.bfymca.org

Pittsfield (Corporate Office): 292 North Street, Pittsfield, MA 01201 **P:** 413-499-7650 **F (All Locations):** 888-965-0663
Northern Berkshire: 22 Brickyard Court, North Adams, MA 01247 **P:** 413-663-6529
Bennington Recreation Center: 655 Gage Street Bennington, VT 05201 **P:** 802-442-1053