



POOL SCHEDULE

BENNINGTON RECREATION CENTER

SEPTEMBER 2021

Monday:

6:00-10:00 am	Lap Swim
10:00-11:00 am	H2O Go!*
11:00-1:00 pm	Family/Lap Swim
1:00-3:00 pm	Lap/Open Swim
3:00-5:00 pm	Lap Swim
5:00-6:00 pm	Family Swim
6:00-8:00 pm	Lap Swim

Thursday:

8:00-10:00 am	Lap Swim
10:00-11:00 am	Water Exercise*
11:00-1:00 pm	Lap Swim
1:00-3:00 pm	Lap/Open Swim
3:00-5:00 pm	Family Swim
5:00-7:00 pm	Lap Swim
7:00-8:00 pm	Masters

Tuesday:

8:00-10:00 am	Lap Swim
10:00-11:00 am	Water Exercise*
11:00-1:00 pm	Lap Swim
1:00-3:00 pm	Staff In-service
3:00-6:00 pm	Family/Open
6:00-7:00 pm	Lap Swim
7:00-8:00 pm	Masters

Friday:

6:00-10:00 am	Lap Swim
10:00-11:00 am	H2O Go!*
11:00-1:00 pm	Lap Swim
1:00-3:00 pm	Lap/Open Swim
3:00-5:00 pm	Family/Open Swim
5:00-7:00 pm	Lap Swim
7:00-8:00 pm	Kids Night Out*
8:00-9:00 pm	Teen Hour* (tentative)

Wednesday:

6:00-8:00 am	Lap Swim
8:00-10:00 am	Swim Lessons
10:00-11:00 am	H2O Go!*
11:00-1:00 pm	Family/Open Swim
1:00-3:00 pm	Lap/Open Swim
3:00-4:00 pm	Lap Swim
4:00-6:00 pm	Family Swim
6:00-8:00 pm	Lap Swim

Saturday:

8:00-10:00 am	Lap Swim
10:00-11:00 am	Open/Family Swim
11:00-12:00 pm	Masters
12:00-2:00 pm	Family Swim
2:00-4:00 pm	Lap Swim

There is transition time during swim changes – please plan accordingly.

Please note that schedule is subject to change. Call the Rec Center for more information (802) 442-1053.

*Classes with * require pre-registration and may have a fee.*

Updated 9/13/2021

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BERKSHIRE FAMILY YMCA: www.bfymca.org

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